HYPERTENSION SEOUL 2024

대한고혈압학회
The Korean Society of Hypertension

30 Years Together, 100 Years Partner, the Korean Society of Hypertension

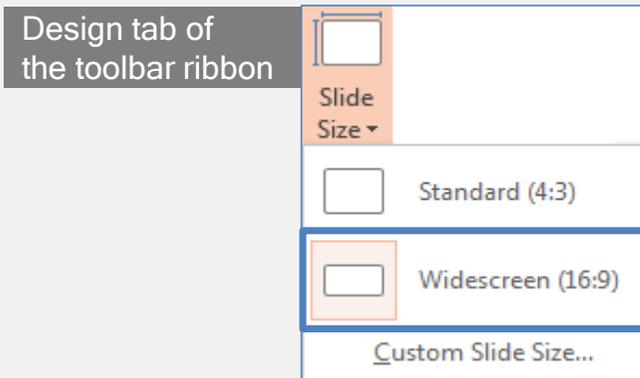**2024.11.08 (Fri) - 09 (Sat)**
Conrad Hotel, Seoul, Korea

[e-Poster]
How to Make the e-Poster File

Submission Due Date: October 13 (Sun), 2024

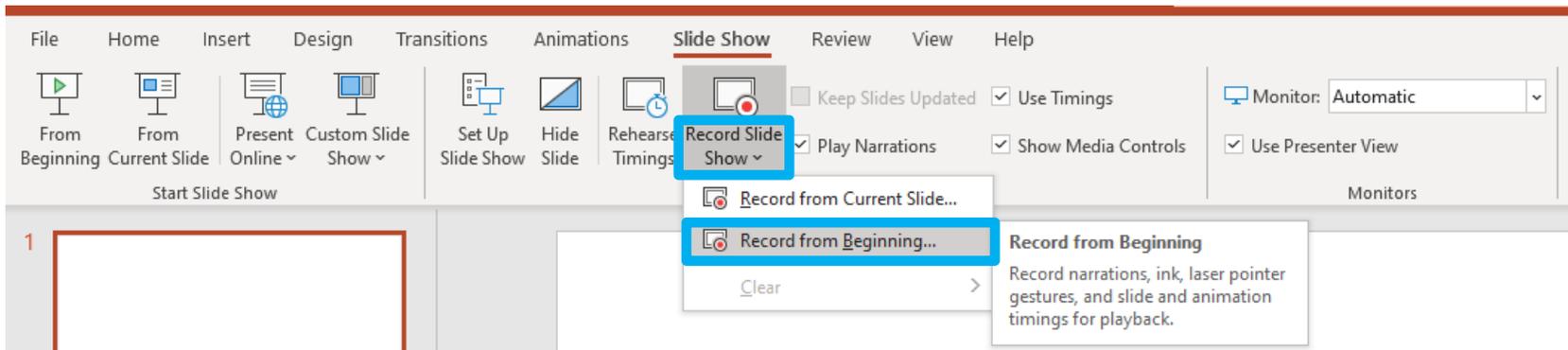📌 **Please read this instruction thoroughly to make your e-poster file.**

1. The slide size of your presentation file (*ppt, *pptx) should be **16:9 (Widescreen)**.

2. Recording function with video in MS PowerPoint only available **in 2019 and higher versions.**

3. The video presentation should **include your voice** (don't need to include your face).

4. We highly recommend you use a **separate mic system (such as earphone with mic)** other than the built-in mic in order to minimize the noises.

5. Export the presentation as a video that is the format of MP4. The resolution (pixel) must be higher than 720x for smooth playing.

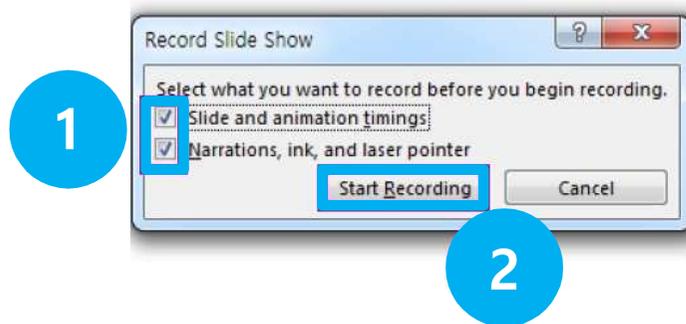6. Submit the e-Poster file via e-mail by **October 13 (Sun), 2024.**

📌 How to record the presentation

1. Click Slide Show → Record Slide Show → Record from Beginning
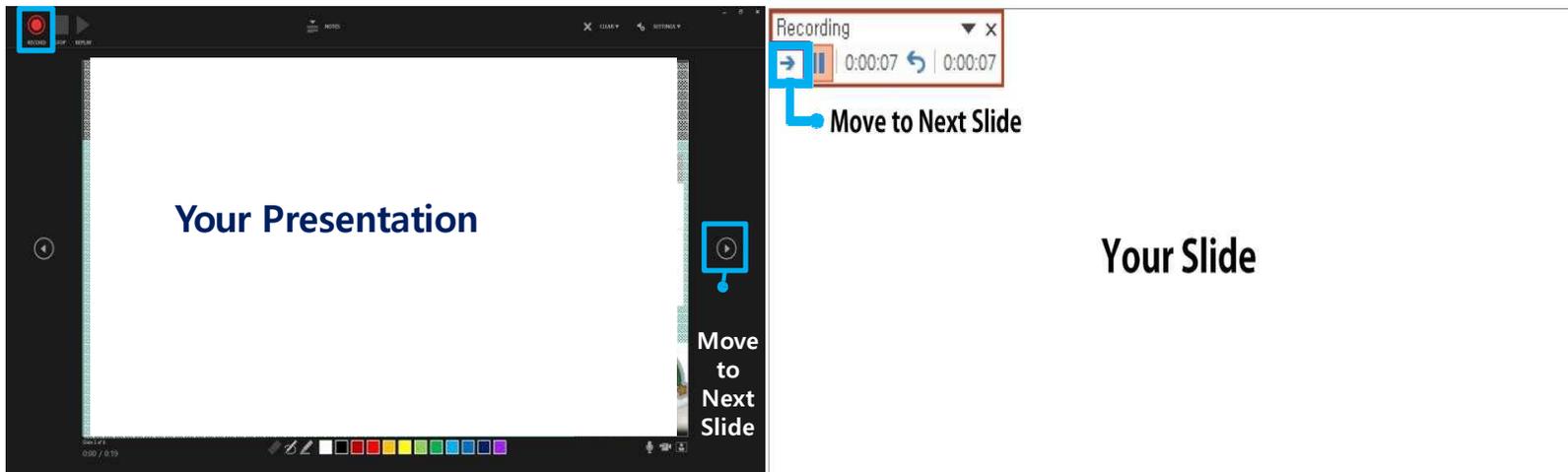

2. Start Recording

* Please note that this pop-up below may not show up depending on your MS PowerPoint version.

📌 How to record the presentation

3. Recording & Finish

- Start recording by clicking the button (🔴) at the top left corner.

- Please press ESC button when you finish the recording.

- We recommend you record slide by slide other than record the whole slide at once.
  By doing this, you can fix mistakes much easier.

📌 **How to save the file**

1. Create a video

2. Save as "MPEG-4 Video"
* It might take a long time to create the video presentation. Please wait until the process is 100% done.

File name: *Put your abstract number and your name. (e.g. Abstract number_your name)*

Save as type: MPEG-4 Video